



*The real heroes are the families who not only entrust their children to our care, but also show up daily to do the work that makes healing possible.*

— JOSIE SAWYER  
EXECUTIVE AND CLINICAL DIRECTOR  
LUCY DANIELS CENTER

# A YEAR OF RESILIENCE AND HOPE



**Lucy Daniels Center**

*Helping children live emotionally healthy lives*

2021 IMPACT REPORT



## MISSION

LDC helps children live emotionally healthy lives through in-depth evaluation and treatment, family involvement, and education.



## VISION

LDC envisions a community in which all children feel safe, valued, respected, and supported.

“Lucy Daniels Center is intentional and collaborative; everything is discussed, thought through, and planned as a team, from the way a student enters the classroom to how they learn and everything in between.”  
— LUCY DANIELS CENTER STAFF

## OUR APPROACH: **Wraparound Care**

Through our wraparound care model, Lucy Daniels Center staff works as a team to keep our families and children at the center of our mission. Our **therapists, teachers, and psychiatrists** collaborate to provide the best possible care experience for families and diligently partner with **parents** to help their children become their best and truest selves. And through our **financial aid** opportunities (made possible by your generosity), we can ensure that more families have access to the care their child needs.



# ANNABELLE'S STORY

## Helping Children Find Resilience

After a year of virtual learning, nine-year-old Annabelle\* was worried about returning to school in person. She complained of stomach aches and told her parents she did not like school anymore. Her parents consulted with a Lucy Listens therapist, who helped them understand Annabelle's anxiety in relation to the stress and isolation of the pandemic. The therapist gave the parents strategies for talking with Annabelle about her worries, rather than keeping them to herself. The family made efforts to talk more openly about the way the transition back to regular activities made them feel, which helped Annabelle *feel less alone in her fears* and eased her transition back to school.



### THE NEED

20%

of **children** in the United States have a diagnosable mental health condition

25%

of parents cited **concerns about cost** as the reason they did not follow through with mental health treatment for their child

111%

increase in request for **mental health services** at Lucy Daniels Center in the last year

### YOUR IMPACT

508

**children and families** in Farley-Manning Family Guidance Service

687

**total children and families connected** with support this year

136

**children served** through SecurePath

1,580

**hours of Circle of Security Parenting Program**, building strong attachment relationships between parents and caregivers and their children

38,640

**education hours and 6,396 enrichment hours** of engaging instruction in art, music, STEAM, and outdoor learning and play in an emotionally safe and supportive, therapeutic elementary school environment at Lucy Daniels School

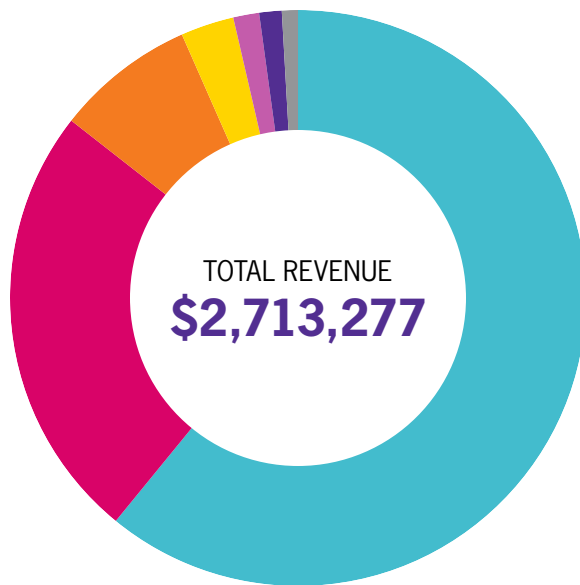
250

**hours of Lucy Listens**, providing free telehealth services to families and children grappling with the effects of the pandemic

\*pseudonym used to protect privacy

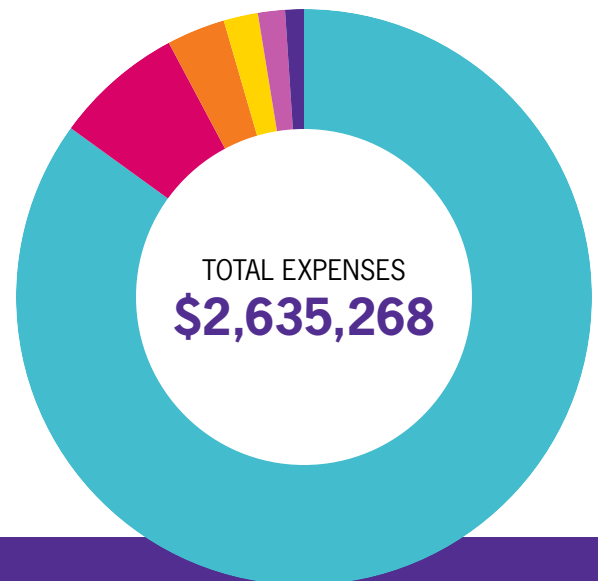
# RESILIENT TOGETHER

## Our Community of Champions for Mental Health



Programs & Services Fees	\$ 1,652,555
Foundation & Government Grants	\$ 669,130
Tuition	\$ 212,340
Individual Contributions	\$ 81,231
Corporate Grants & Contributions	\$ 39,416
Misc. Revenue	\$ 34,207
In-Kind Contributions	\$ 24,398

Programs & Services	\$ 2,239,294
Administrative (minus fundraising)	\$ 190,991
Miscellaneous Expenses	\$ 86,453
Facilities	\$ 50,825
Fundraising	\$ 40,000
Insurance	\$ 27,705



## LOOKING BACK FY21 HIGHLIGHTS

**1** Lucy Daniels School successfully transitioned **27 students** from a remote/hybrid school environment to a fully in-person school setting, ensuring emotionally supported and uninterrupted educational services to students.

**2** Farley-Manning Family Guidance Service provided continuous care to children and families while also maintaining safety through a hybrid model of **telehealth and in-person therapy**.

**3** Through collaboration with statewide partners, Lucy Daniels Center expanded the reach of our **Circle of Security Parenting programs** to underserved populations throughout the state of North Carolina and families of children with special needs.

## KEY INDIVIDUAL DONORS

Tom and Denia Barrett  
James and Sarah Bennet  
Shana and Matt Berblinger  
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Carl Rhinehart  
William and Michelle Trick  
Derek and Laurie Watson

**276** donated up to \$1,000

**12** donated between \$1,000 and \$4,999

**4** donated above \$5,000

**1** donated above \$25,000

**293** individual donors gave **\$81,231** in total

## CORPORATE & FOUNDATION PARTNERS

Ascend Cares Foundation	Pinnacle Financial
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Jordan Price Law Offices	Triangle Community Foundation
Lenovo	United Way of the Greater Triangle
Lewis Advertising	Wake Smart Start
Lucy Daniels Foundation	William C. Etheridge Foundation
North State Bank	
Overflowing Hands, Inc.	

**32** Corporate & Foundation Donors gave **\$708,564** in FY21

### OUR HISTORY

Founded in 1989, Lucy Daniels Center is the largest nonprofit provider of social, emotional, behavioral, and mental health services exclusively for children in the Greater Triangle area. We serve more than 700 children and their families yearly and provide more than 20,000 hours of direct social, emotional, and mental health services to children from birth to age 12, the time of life when the most effective interventions are possible.

## LOOKING AHEAD TO 2022

**1** Recognizing that our referrals increased by 111% from last year, Lucy Daniels Center will diligently work to expand our capacity to meet the **growing need for children's mental health services**.

**2** Lucy Daniels School will expand its current learning initiatives by developing an enriching **STEAM programming** curriculum.

**3** Lucy Daniels Center will continue to develop and expand our **outdoor learning environment**, which will allow more opportunities for children to be on-site for school and therapy in a safe outdoor space.



In the past year alone, Lucy Daniels Center has seen an 111% increase in the number of families seeking mental health services. While that number demonstrates the incredible need that is out there, it also shows that people are seeking help and taking the first step towards a life of resilience. A step that you can be a part of.

With your commitment, we can continue to meet this need together to ensure that more families have access to our life-saving and life-transforming services. **Thank you for your generosity and your heart for the children and families we serve.**

Gratefully,

Josie Sawyer, LCSW  
Executive and Clinical Director



TOGETHER, LET'S PURSUE RESILIENCE  
AND PROVIDE HOPE IN 2022.

[lucydanielscenter.org/donate](https://lucydanielscenter.org/donate)

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**Lucy Daniels Center**  
Helping children live emotionally healthy lives

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