There is no one child or family who has been unaffected by either the pandemic or the larger mental health crisis.

EMILY ODJAGHIAN, PSYD
CLINICAL/EXECUTIVE DIRECTOR
LUCY DANIELS CENTER

# FROM CHALLENGE TO OPPORTUNITY



2022 IMPACT REPORT



#### **MISSION**

LDC helps children live emotionally healthy lives through in-depth evaluation and treatment, family involvement, and education.



#### VISION

LDC envisions a community in which all children feel safe, valued, respected, and supported.

## **OUR UNIQUES**

Lucy Daniels Center views a child's behavior as a communication of need, and equips parents to understand and respond to those needs in a meaningful way. We help families find ways to alleviate the every day struggles while also addressing the root cause of the issues, allowing long-term change and healing to take place.

## OUR APPROACH: Wraparound Care

Through our wraparound care model, Lucy Daniels Center staff works as a team to keep our families and children at the center of our mission. Our **therapists**, **teachers**, and **psychiatrists** collaborate to provide the best possible care experience for families and diligently partner with **parents** to help their children children better understand themselves. And through our **financial aid** opportunities (made possible by your generosity), and our community outreach services we can ensure that more families have access to the care their child needs.



### HEALING CHILDREN & FAMILIES

Thank you for helping me to process my own childhood fears that I was passing along to my son. My son had his own fears of everything because I was sending a message that he should be afraid. When I realized his fear was related to my own childhood fears, I was able to start to interact with him differently, and now he is not afraid of his environment anymore. He explores his world with happiness and curiosity. — SECUREPATH PARENT



# THE NEED

YOUR IMPACT

## 20%

of **children** in the United States have a diagnosable mental health condition

# 1 in 5

**people** who seek treatment for a mental health issue go on to receive those needed services

# 30%

increase in request for mental health services at Lucy Daniels Center in the last year

#### 351 families pa

families participated in therapy through our Farley-Manning Family Guidance Service

# 151

facilitators served statewide, consisting of **31 Circles of Support** sessions with a focus on building strong attachment relationships between parents, caregivers, and their children

## 826

children and caregivers connected with mental health services this year

# 41,243

education and enrichment hours of engaging instruction in art, music, STEAM, and outdoor learning and play in an emotionally safe and supportive, therapeutic elementary school environment at Lucy Daniels School

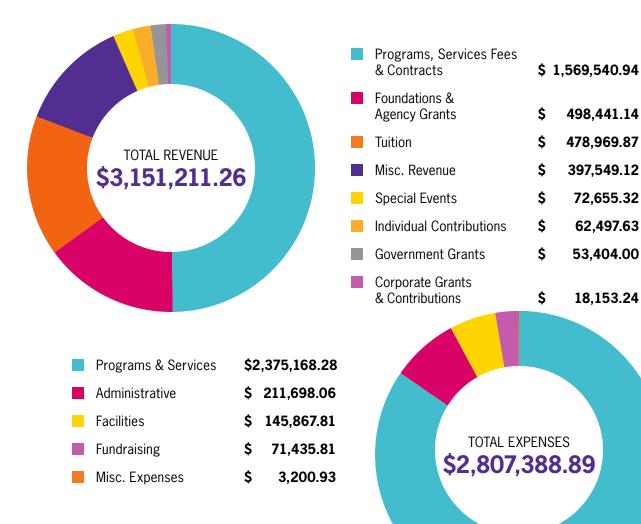
# 113

children served by SecurePath clinicians through 2,505 therapy hours

## 250

hours of Lucy Listens, providing free telehealth services to families and children grappling with the effects of the pandemic

#### **CREATING OPPORTUNITY** Our Community of Champions for Mental Health



#### LOOKING XOAB K FY22 HIGHLIGHTS

Secured a major lead gift from Wake County in support of our future expansion that will allow us to serve 1,100 more children and families annually. 2 Expanded and developed a STEAM lab at Lucy Daniels School, providing educational enrichment opportunities to help students grow and thrive. Completed construction of the Outdoor Learning Environment at Lucy Daniels Center, expanding opportunities for safe, therapeutic outdoor learning for students and clients.

#### **KEY INDIVIDUAL DONORS**

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**156** individual donors gave **\$62,497** in FY22

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30 Corporate & Foundation Donors gave \$339,246 in FY22

**©UR** HISTORY Founded in 1989, Lucy Daniels Center is the largest nonprofit provider of social, emotional, behavioral, and mental health services exclusively for children in the Greater Triangle area. We serve more than 700 children and their families yearly and provide more than 20,000 hours of direct social, emotional, and mental health services to children from birth to age 12, the time of life when the most effective interventions are possible.

> Lucy Daniels Center forms an interdisciplinary treatment team who works closely with families. We help parents better understand their child so they are in a strong position to provide support for their child's unique needs. — LUCY DANIELS CENTER THERAPIST





In the past two and a half years, Lucy Daniels Center has seen a 115% increase in the number of families seeking mental health services. The Triangle community is asking for our help, and we must respond to this incredible need. There is no one child or family who has been unaffected by either the pandemic or the larger mental health crisis. Addressing the social and emotional needs of our children is the most important way we can care for and invest in their futures.

With your commitment, we can continue to meet this need together to ensure that more families have access to our life-transforming services.

Thank you for your generosity and support of the children and families we serve.

Gratefully,

1 Max

Emily Odjaghian, PsyD Clinical/Executive Director



LET'S CONTINUE TURNING CHALLENGES INTO OPPORTUNITIES FOR GROWTH IN 2023.

#### lucydanielscenter.org/donate

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#### **GIVE WITH CONFIDENCE**



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