



# INVESTING IN OUR FUTURE



**Lucy Daniels Center**

*Helping children live emotionally healthy lives*

2023 IMPACT REPORT



## MISSION

LDC helps children live emotionally healthy lives through in-depth evaluation and treatment, family involvement, and education.



## VISION

LDC envisions a community in which all children feel safe, valued, respected, and supported.

## VALUES

Lucy Daniels Center views a child's behavior as a communication of need, and equips parents to understand and respond to those needs in a meaningful way. We help families find ways to alleviate the every day struggles while also addressing the root cause of the issues, allowing long-term change and healing to take place.

## OUR APPROACH: **Wraparound Care**

Through our wraparound care model, Lucy Daniels Center staff works as a team to keep our families and children at the center of our mission. Our **therapists, teachers, and psychiatrists** collaborate to provide the best possible care experience for families and diligently partner with **parents** to help their children better understand themselves. And through **financial aid** opportunities made possible by your generosity and our community outreach services, we can ensure that more families have access to the care their children need.



# THE FACTS...



## 21.8% of children

have one or more common mental, emotional, or behavioral health conditions making them more likely to drop out of school, struggle to earn a living wage, or have trouble with the law as adults.



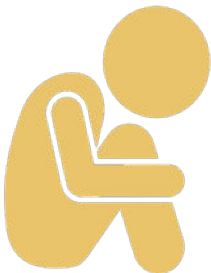
## 40% high school graduation rate

for students with emotional, behavioral, and mental health disorders. The national average student graduation rate is 76%.



## Most adults with mental health issues

had a previous psychiatric disorder during childhood. Studies show that multidisciplinary early intervention is key to mitigating negative outcomes.



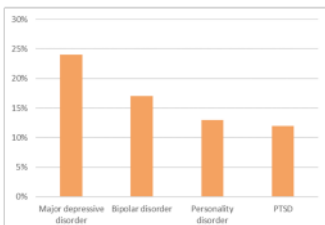
## Every year approximately 20%

of high school students report seriously contemplating suicide. 10-24 year olds account for 14% of all suicides, and it is the eighth leading cause of death among 5 to 11 year olds.



## 39.6% unemployment rate

in adults with mental illness, compared to the national unemployment rate of around 3.8%. Un- and under-employment has an impact of over \$193 billion dollars on the economy every year - Improving mental health through early intervention can make such a difference to this number.



## 37% of people in prison

have a history of mental health problems. On average, states spend more than \$45,000 per prisoner each year they are incarcerated - investing in people before they reach crisis is more cost effective in the long term and better for both the individual and society as a whole.

# WHY EARLY INTERVENTION?

## It's a long-term investment:

Costs associated with mental health challenges are astronomical - over \$300 Billion every year - but we can change that. Investing in mental health supports today will place our society on a different path where our children, parents, teachers and other community leaders are set up for success. Improving mental health across the population will:

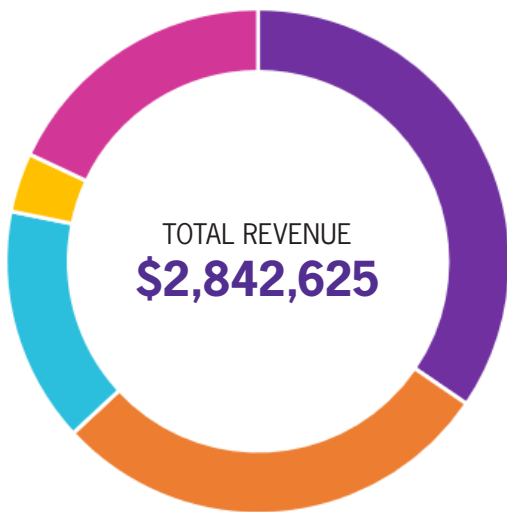
- Reduce suicide rates;
- Reduce rates of incarceration and institutionalization;
- Increase earning potential for individuals and families;
- Reduce the strain on healthcare and social services.

## Most mental health challenges that affect adults can be identified during childhood:

So many individuals suffer with mental health challenges over time and only receive support and treatment if or when they hit a crisis point. As with all health issues, the longer an illness has to take hold, the harder it is to treat or mitigate. The earlier we can provide treatment, the better the long-term outcome.

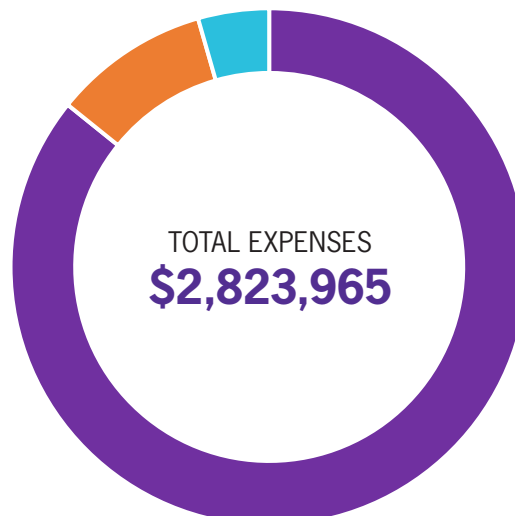
When we give children the tools and resources they need as they learn and grow, we create happy, healthy adults who are ready to be the leaders, parents, and community members that our society needs to thrive for generations to come.

## FYE 2023 *at a glance...*



■ Programs, Services Fees & Contracts	\$	<b>981,772</b>
■ Foundations & Agency Grants	\$	<b>811,702</b>
■ Misc. Revenue	\$	<b>512,548</b>
■ Tuition	\$	<b>428,942</b>
■ Donations	\$	<b>107,661</b>

■ Programs & Services	\$	<b>2,422,589</b>
■ Management & Admin	\$	<b>276,020</b>
■ Fundraising	\$	<b>125,356</b>



# YOUR IMPACT

## 319

**families** participated in therapy through our Farley-Manning Family Guidance Service

## 826

**children and caregivers** connected with mental health services this year

## 78

**children served** by SecurePath clinicians through 2,687 therapy hours

## 6,836

**hours of therapy** providing through Farley-Manning Family Guidance Services to individuals and their families

## 133

facilitators served statewide, consisting of **39 Circles of Support** sessions with a focus on building strong attachment relationships between parents, caregivers, and their children

## 39,657

**education and enrichment hours** of engaging instruction in art, music, STEAM, and outdoor learning and play in an emotionally safe and supportive therapeutic elementary school environment at Lucy Daniels School

## KEY INDIVIDUAL DONORS

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**71** individual donors gave  
**\$87,181** in FY23

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**25** partners gave  
**\$811,702** in FY23

## CAPITAL CAMPAIGN SUPPORTERS

A.J. Fletcher Foundation  
Lucy Daniels Foundation

Wake County

**3** Supporters pledged  
**\$1,400,000** in FY23

Although you can't quite see it yet, 2023 was a year of tremendous growth for Lucy Daniels Center. Our expansion plans are fully formed, underway, and I am eager to share more details with you as we move into 2024. I am immensely proud of the vital work that we do to support the healthy development of children and families of North Carolina and am incredibly excited to be part of the evolution of this Center.

While change is exciting, we have not deviated from our mission; our teams in Lucy Daniels School, Farley-Manning Family Guidance Services, SecurePath, and Circle of Security have been doing stellar work supporting the children and families that we serve. The need for timely, appropriate mental health intervention has never been greater, and your investment is instrumental in ensuring that every child receives the services that they need regardless of diagnosis, family finances, or other potential barriers. **Our programs work and work well**, and your donations are the catalyst to making access to them possible.

**Together we can make a difference that will have a positive impact on the generations to come; thank you for being a vital partner in this work.**

Gratefully,



Dr. Emily Odjaghian  
Clinical Psychologist  
Clinical/Executive Director



[lucydanielscenter.org/donate](https://lucydanielscenter.org/donate)

LET'S CONTINUE TURNING CHALLENGES  
INTO OPPORTUNITIES FOR GROWTH IN 2023.

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